

Coxing Conference 2007

Sunday 22nd April 2007

Warwick School

This course will be aimed at those who have done some coxing before, and are keen to increase their knowledge; however it will also be useful for new, and experienced coxes from juniors to veterans.

Rachel Quarrell:

Rowing journalist Rachel Quarrell learnt to cox with the St. John's College Oxford fifth eight many moons ago. She's raced with over 30 clubs from the Army to New Zealand via Oxford's Blues, and won Henley, Tideway Heads and the Nat Champs. She runs the OU Coxing Society and the Rowing Service website.

Acer Nethercott: (Subject to training!)

Acer Nethercott took up coxing as an undergrad at Oxford, first taking to the rudder strings with University College Men's Novice "B" crew in the Christ Church Regatta. He went on to cox against Cambridge in the Boat Race with both the men and the women, and is now cox of the Great Britain Men's 8+.

David Biddulph:

David Biddulph started coxing at his Cambridge college in 1969 and then joined Kingston RC. He has been an ARA umpire since 1979, and a FISA umpire since 1995. He has been involved in the organisation of 3 World Championships, and also of the National Championships and the Women's Eights Head, and also runs a rowing website.

Christopher Anton:

Christopher Anton learnt to cox in Cambridge in the 1980s before moving to the more sedate West Midlands. Now more to be seen in blazer having become an ARA umpire in 1998 and a multi-lane umpire in 2002.

Including:

- The role of a cox
- Navigation including the Tideway
- Motivation
- The cox from an umpires perspective
- Coxing the big races

Cost: £15 per person, or £39 for 3 delegates from 1 club if booked by Friday 30th March.

Please fill in the attached form and return to the address below by Friday 13th April.

James Lee, A011 Purbeck House, 5-7 Oxford Road, Bournemouth, Dorset, BH8 8ES

Email: JLee1902@aol.com

More info via: www.rowingservice.com/coxconf07.html